JANUARY 2026

FLORENCE 3 SCHOOL DISTRICT
A PREMIER DISTRICT OF CHOICE

BREAKFAST

9-12 Grades (LCH)

"This institution is an equal opportunity provider."

Key Benefits of Drinking Water

Drinking water provides numerous benefits, including maintaining body temperature, aiding digestion, flushing toxins, and supporting organ and joint function. It also improves cognitive functions like concentration and memory, can help control appetite, and supports physical performance and physical recovery.

Hydration is happiness---drink up!!!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Milk Choices Daily: Low-Fat White, Fat Free White, Fat-Free Chocolate, Fat-Free Strawberry			1 No School for Students	2 No School for Students
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
5 	6 Mini Banana Loaf Yogurt Parfait Cereal Bowl Fresh Orange Slices Fruit Juice	7 Breakfast Pizza or Cereal Bowl Yogurt Parfait Fresh Apple Fruit Juice	8 Pancake Pup Yogurt Parfait Cereal Bowl Fresh Fruit Cup Fruit Juice	9 Sausage Patty Grits Bowl Cereal Bowl Fresh Fruit Cup Fruit Juice
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
12 French Toast Sticks w/Syrup Yogurt Parfait Cereal Bowl Apple Slices Fruit Juice	13 Chicken Bites Cereal Bowl Seasoned Potato Tots Fresh Orange Slices Fruit Juice	14 Breakfast Pizza or Cereal Bowl Yogurt Parfait Fresh Apple Fruit Juice	15 Chicken Bites Mini Pancakes & Syrup Yogurt Parfait Cereal Bowl Fresh Fruit Cup Fruit Juice	16 Mini Banana Loaf Yogurt Parfait Cereal Bowl Fresh Fruit Cup Fruit Juice
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
19 No School For Students	20 Mini Banana Loaf Yogurt Parfait Cereal Bowl Fresh Orange Slices Fruit Juice	21 Breakfast Pizza or Cereal Bowl Yogurt Parfait Fresh Apple Fruit Juice	22 Pancake Pup Yogurt Parfait Cereal Bowl Fresh Fruit Cup Fruit Juice	23 Sausage Links Grits Bowl Cereal Bowl Fresh Fruit Cup Fruit Juice
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
26 French Toast Sticks w/Syrup Yogurt Parfait Cereal Bowl Apple Slices Fruit Juice	27 Chicken Bites Cereal Bowl Seasoned Potato Tots Fresh Orange Slices Fruit Juice	28 Breakfast Pizza or Cereal Bowl Yogurt Parfait Fresh Apple Fruit Juice	29 Chicken Bites Mini Pancakes & Syrup Yogurt Parfait Cereal Bowl Fresh Fruit Cup Fruit Juice	30 Cinnamon Toast Crunch Cereal Bar Pop Tart Cereal Bowl Fresh Fruit Cup Fruit Juice

Menus are subject to change based on product availability.

Adult Meal Price: $3.25

JANUARY 2026

FLORENCE 3 SCHOOL DISTRICT
A PREMIER DISTRICT OF CHOICE

GRAB-N-GO BREAKFAST

9-12 Grades (LCH)

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Key Benefits of Drinking Water

Drinking water provides numerous benefits, including maintaining body temperature, aiding digestion, flushing toxins, and supporting organ and joint function. It also improves cognitive functions like concentration and memory, can help control appetite, and supports physical performance and physical recovery.

Hydration is happiness---drink up!!!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Milk Choices Daily: Low-Fat White, Fat Free White, Fat-Free Chocolate, Fat-Free Strawberry			1 No School for Students	2 No School for Students
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
5	6 YoGo Coffee Cooler Yogurt Parfait Muffin Cinnamon Roll Assorted Fresh Fruit Fruit Juice	7 YoGo Coffee Cooler Yogurt Parfait Muffin Nutri-Grain Bar Assorted Fresh Fruit Fruit Juice	8	9 YoGo Coffee Cooler Yogurt Parfait Pop Tart Lemon Bread Assorted Fresh Fruit Fruit Juice
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
12	13 YoGo Coffee Cooler Yogurt Parfait Mini Banana Loaf Blueberry Bread Assorted Fresh Fruit Fruit Juice	14 YoGo Coffee Cooler Yogurt Parfait Muffin Cinnamon Roll Assorted Fresh Fruit Fruit Juice	15	16 YoGo Coffee Cooler Yogurt Parfait Muffin Nutri-Grain Bar Assorted Fresh Fruit Fruit Juice
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
19 No School For Students	20 YoGo Coffee Cooler Yogurt Parfait Pop Tart Lemon Bread Assorted Fresh Fruit Fruit Juice	21 YoGo Coffee Cooler Yogurt Parfait Mini Banana Loaf Blueberry Bread Assorted Fresh Fruit Fruit Juice	22	23 YoGo Coffee Cooler Yogurt Parfait Muffin Cinnamon Roll Assorted Fresh Fruit Fruit Juice
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
26	27 YoGo Coffee Cooler Yogurt Parfait Muffin Nutri-Grain Bar Assorted Fresh Fruit Fruit Juice	28 YoGo Coffee Cooler Yogurt Parfait Pop Tart Lemon Bread Assorted Fresh Fruit Fruit Juice	29	30 YoGo Coffee Cooler Yogurt Parfait Mini Banana Loaf Blueberry Bread Assorted Fresh Fruit Fruit Juice

Menus are subject to change based on product availability.

Adult Meal Price: $3.25