AUGUST 2026

FLORENCE 3 SCHOOL DISTRICT
A PREMIER DISTRICT OF CHOICE

LUNCH

4K-6 Grades (SES)

"This institution is an equal opportunity provider."

Adult Lunch Price: $5.50

Nutritional Tips…

SIZE MATTERS - Keeping an eye on portion size is key to maintaining a healthy weight. Avoid supersized portions. Use a smaller plate, bowl and glass. Stop eating when you are satisfied, not full.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Chicken Nuggets w/Dipping Sauce Macaroni and Cheese Baby Carrots w/Ranch Dip Green Peas Fruit Juice Assorted Fresh Fruit	4 Spaghetti w/Meat Sauce Yeast Roll Cut Green Beans Steamed Broccoli Applesauce Cup Assorted Fresh Fruit	5 Mandarin Orange Chicken Seasoned Brown Rice Steamed Cabbage Pinto Beans Fruit Juice Assorted Fresh Fruit	6 Chicken Sandwich on WG Bun Baked Beans Garden Salad w/Choice of Dressing *Local Vegetable Pick of the Week* *Seasoned Yellow Squash* Cool Tropic Assorted Fresh Fruit	7 Hot Dog w/Chili Seasoned Potato Sticks Baby Carrots w/Ranch Dip Fruit Juice Assorted Fresh Fruit
10 Chicken Pileau Yeast Roll Green Peas Pinto Beans Chilled Peach Cup Assorted Fresh Fruit	11 Nachos w/Chili & Cheese Glazed Carrots Cut Green Beans Chilled Fruit Cup Assorted Fresh Fruit	12 Baked Chicken Savory Rice Pilaf Black-Eyed Peas Garden Salad w/Choice of Dressing Fruit Juice Assorted Fresh Fruit	13 Pepperoni or Cheese Pizza Mexicali Corn Garden Salad w/Choice of Dressing Sweet Potato Yams Froot Jooce Assorted Fresh Fruit	14 Beef-A-Roni Yeast Roll Steamed Cabbage Steamed Broccoli Chilled Fruit Cup Assorted Fresh Fruit
17 Cheeseburger on WG Bun Sweet Potato Tots Whole Kernel Corn Applesauce Cup Assorted Fresh Fruit	18 Chicken Alfredo Garlic Dinner Roll Glazed Carrots Garden Salad w/Choice of Dressing Fruit Juice Assorted Fresh Fruit	19 Meat Loaf w/Gravy Seasoned Brown Rice Collard Greens Pinto Beans Fruit Juice Assorted Fresh Fruit	20 Corn Dog Nuggets or Corn Dog Potato Smiles or Seasoned Potato Sticks Baby Carrots w/Ranch Dip Froot Jooce Assorted Fresh Fruit	21 Pepperoni or Cheese Pizza Mexicali Corn Garden Salad w/Choice of Dressing Sidekick Assorted Fresh Fruit
24 Chicken Nuggets w/Dipping Sauce Macaroni and Cheese Baby Carrots w/Ranch Dip Green Peas Fruit Juice Assorted Fresh Fruit	25 Spaghetti w/Meat Sauce Yeast Roll Cut Green Beans Steamed Broccoli Applesauce Cup Assorted Fresh Fruit	26 Mandarin Orange Chicken Seasoned Brown Rice Steamed Cabbage Pinto Beans Fruit Juice Assorted Fresh Fruit	27 Chicken Sandwich on WG Bun Baked Beans Garden Salad w/Choice of Dressing *Local Vegetable Pick of the Week* *Steamed Zucchini* Cool Tropic Assorted Fresh Fruit	28 Hot Dog w/Chili Seasoned Potato Sticks Baby Carrots w/Ranch Dip Fruit Juice Assorted Fresh Fruit
31 Chicken Pileau Yeast Roll Green Peas Pinto Beans Chilled Peach Cup Assorted Fresh Fruit				[Alternate Entrée]: Chef Salad **or** Peanut Butter & Jelly Uncrustable w/Cheese Stick & WG Crackers---- all entrees with choice of vegetable and/or fruit. [Milk Choices Daily]: Low-Fat White, Fat-Free White, Fat-Free Chocolate, Fat-Free Strawberry

Menus are subject to change based on product availability.

Adult Meal Price: