AUGUST 2026

FLORENCE 3 SCHOOL DISTRICT
A PREMIER DISTRICT OF CHOICE

LUNCH

7-8 Grades (DREM)

"This institution is an equal opportunity provider."

Adult Lunch Price: $5.75

Nutritional Tips…

SIZE MATTERS - Keeping an eye on portion size is key to maintaining a healthy weight. Avoid supersized portions. Use a smaller plate, bowl and glass. Stop eating when you are satisfied, not full.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Chicken Chunks Big Daddy Pizza Macaroni and Cheese Yeast Roll Baby Carrots w/Ranch Dip Fruit Juice Assorted Fresh Fruit	4 Spaghetti w/Meat Sauce Big Daddy Pizza WG Cinnamon Roll Cut Green Beans Steamed Broccoli Applesauce Cup Assorted Fresh Fruit	5 Mandarin Orange Chicken Big Daddy Pizza Seasoned Brown Rice Steamed Cabbage Pinto Beans Fruit Juice Assorted Fresh Fruit	6 Chicken Sandwich on WG Bun Big Daddy Pizza Baked Beans Garden Salad w/Choice of Dressing *Local Vegetable Pick of the Week* *Seasoned Yellow Squash* Cool Tropic Assorted Fresh Fruit	7 Hot Dog w/Chili Big Daddy Pizza Seasoned Potato Sticks Baby Carrots w/Ranch Dip Fruit Juice Assorted Fresh Fruit
10 Chicken Pileau Big Daddy Pizza Yeast Roll Green Peas Pinto Beans Chilled Peach Cup Assorted Fresh Fruit	11 Nachos w/Chili & Cheese Big Daddy Pizza WG Chocolate Chip Min Cookies Glazed Carrots Cut Green Beans Chilled Fruit Cup Assorted Fresh Fruit	12 Baked Chicken Big Daddy Pizza Savory Rice Pilaf Black-Eyed Peas Garden Salad w/Choice of Dressing Fruit Juice Assorted Fresh Fruit	13 Corn Dog Big Daddy Pizza Mexicali Corn Garden Salad w/Choice of Dressing Sweet Potato Yams Froot Jooce Assorted Fresh Fruit	14 Beef-A-Roni Big Daddy Pizza Yeast Roll Steamed Cabbage Steamed Broccoli Chilled Fruit Cup Assorted Fresh Fruit
17 Cheeseburger on WG Bun Big Daddy Pizza Sweet Potato Tots Whole Kernel Corn Applesauce Cup Assorted Fresh Fruit	18 Chicken Alfredo Big Daddy Pizza Garlic Dinner Roll Glazed Carrots Garden Salad w/Choice of Dressing Fruit Juice Assorted Fresh Fruit	19 Meat Loaf w/Gravy Big Daddy Pizza Seasoned Brown Rice Collard Greens Pinto Beans Fruit Juice Assorted Fresh Fruit	20 Corn Dog Nuggets or Corn Dog Big Daddy Pizza Seasoned Potato Sticks Baby Carrots w/Ranch Dip *Local Vegetable Pick of the Week* *Steamed Zucchini* Froot Jooce Assorted Fresh Fruit	21 Chicken Sandwich on WG Bun Big Daddy Pizza Mexicali Corn Garden Salad w/Choice of Dressing Sidekick Assorted Fresh Fruit
24 Chicken Chunks Big Daddy Pizza Macaroni and Cheese Yeast Roll Baby Carrots w/Ranch Dip Fruit Juice Assorted Fresh Fruit	25 Spaghetti w/Meat Sauce Big Daddy Pizza WG Cinnamon Roll Cut Green Beans Steamed Broccoli Applesauce Cup Assorted Fresh Fruit	26 Mandarin Orange Chicken Big Daddy Pizza Seasoned Brown Rice Steamed Cabbage Pinto Beans Fruit Juice Assorted Fresh Fruit	27 Chicken Sandwich on WG Bun Big Daddy Pizza Baked Beans Garden Salad w/Choice of Dressing *Local Vegetable Pick of the Week* *Seasoned Yellow Squash* Cool Tropic Assorted Fresh Fruit	28 Hot Dog w/Chili Big Daddy Pizza Seasoned Potato Sticks Baby Carrots w/Ranch Dip Fruit Juice Assorted Fresh Fruit
31 Chicken Pileau Big Daddy Pizza Yeast Roll Green Peas Pinto Beans Chilled Peach Cup Assorted Fresh Fruit				**Alternate Entrée**: Chef Salad **or** Peanut Butter & Jelly Uncrustable w/Cheese Stick & WG Crackers **or** Pizza offering daily----all entrees with choice of vegetable and/or fruit. **Milk Choices Daily**: Low-Fat White, Fat-Free White, Fat-Free Chocolate, Fat-Free Strawberry

Menus are subject to change based on product availability.

Adult Meal Price: