AUGUST 2026

FLORENCE 3 SCHOOL DISTRICT
A PREMIER DISTRICT OF CHOICE

BREAKFAST

4K-6 Grades (JCL)

"This institution is an equal opportunity provider."

Adult Breakfast Price: $3.50

Nutritional Tips…

SIZE MATTERS - Keeping an eye on portion size is key to maintaining a healthy weight. Avoid supersized portions. Use a smaller plate, bowl and glass. Stop eating when you are satisfied, not full.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 French Toast Sticks Muffin Yogurt Cup Cereal Bowl Apple Slices Fruit Juice	4 Scrambled Egg Toast Seasoned Potato Tots Fresh Orange Slices Fruit Juice	5 Breakfast Pizza or Muffin Cereal Bowl Fresh Apple Fruit Juice	6 Nutri-Grain Bar Muffin Cereal Bowl Yogurt Cup Fresh Fruit Cup Fruit Juice	7 Sausage Patty Grits Bowl Cereal Bowl Fresh Fruit Cup Fruit Juice
10 Sausage Patty Grits Bowl Cereal Bowl Apple Slices Fruit Juice	11 Mini Banana Loaf Cereal Bowl Yogurt Cup Fresh Orange Slices Fruit Juice	12 Breakfast Pizza or Muffin Cereal Bowl Fresh Apple Fruit Juice	13 Nutri-Grain Bar Muffin Cereal Bowl Yogurt Cup Fresh Fruit Cup Fruit Juice	14 Sausage Patty Toast Cereal Bowl Fresh Fruit Cup Fruit Juice
17 French Toast Sticks Muffin Yogurt Cup Cereal Bowl Apple Slices Fruit Juice	18 Scrambled Egg Toast Seasoned Potato Tots Fresh Orange Slices Fruit Juice	19 Breakfast Pizza or Muffin Cereal Bowl Fresh Apple Fruit Juice	20 Nutri-Grain Bar Muffin Cereal Bowl Yogurt Cup Fresh Fruit Cup Fruit Juice	21 Muffin Pop Tart Cereal Bowl Fresh Fruit Cup Fruit Juice
24 Sausage Patty Grits Bowl Cereal Bowl Apple Slices Fruit Juice	25 Mini Pancakes w/Syrup Muffin Cereal Bowl Fresh Orange Slices Fruit Juice	26 Breakfast Pizza or Muffin Cereal Bowl Fresh Apple Fruit Juice	27 Nutri-Grain Bar Muffin Cereal Bowl Yogurt Cup Fresh Fruit Cup Fruit Juice	28 Sausage Patty Toast Cereal Bowl Fresh Fruit Cup Fruit Juice
31 French Toast Sticks Muffin Yogurt Cup Cereal Bowl Apple Slices Fruit Juice				Milk Choices Daily: Low-Fat White, Fat-Free White, Fat-Free Chocolate, Fat-Free Strawberry

Menus are subject to change based on product availability.

Adult Meal Price:

AUGUST 2026

FLORENCE SCHOOL DISTRICT 3
A PREMIER DISTRICT OF CHOICE

GRAB-N-GO BREAKFAST

4K-6 Grades (JCL)

"This institution is an equal opportunity provider."

Adult Breakfast Price: $3.50

Nutritional Tips…

SIZE MATTERS - Keeping an eye on portion size is key to maintaining a healthy weight. Avoid supersized portions. Use a smaller plate, bowl and glass. Stop eating when you are satisfied, not full

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Nutri-Grain Bar Muffin Cheese Stick Cereal Bowl Apple Slices Fruit Juice	4 PBJ Sandwich Graham Crackers Cheese Stick Fresh Fruit Fruit Juice	5 Pop Tart Cheez-It Crackers Yogurt Cup Fresh Fruit Fruit Juice	6 Cereal Bar Chocolate Crackers Cheese Stick Fresh Fruit Fruit Juice	7 Muffin Pop Tart Yogurt Cup Fresh Fruit Fruit Juice
10 Nutri-Grain Bar Muffin Cheese Stick Cereal Bowl Apple Slices Fruit Juice	11 PBJ Sandwich Graham Crackers Cheese Stick Fresh Fruit Fruit Juice	12 Pop Tart Cheez-It Crackers Yogurt Cup Fresh Fruit Fruit Juice	13 Cereal Bar Chocolate Crackers Cheese Stick Fresh Fruit Fruit Juice	14 Muffin Pop Tart Yogurt Cup Fresh Fruit Fruit Juice
17 Nutri-Grain Bar Muffin Cheese Stick Cereal Bowl Apple Slices Fruit Juice	18 PBJ Sandwich Graham Crackers Cheese Stick Fresh Fruit Fruit Juice	19 Pop Tart Cheez-It Crackers Yogurt Cup Fresh Fruit Fruit Juice	20 Cereal Bar Chocolate Crackers Cheese Stick Fresh Fruit Fruit Juice	21 Muffin Pop Tart Yogurt Cup Fresh Fruit Fruit Juice
24 Nutri-Grain Bar Muffin Cheese Stick Cereal Bowl Apple Slices Fruit Juice	25 PBJ Sandwich Graham Crackers Cheese Stick Fresh Fruit Fruit Juice	26 Pop Tart Cheez-It Crackers Yogurt Cup Fresh Fruit Fruit Juice	27 Cereal Bar Chocolate Crackers Cheese Stick Fresh Fruit Fruit Juice	28 Muffin Pop Tart Yogurt Cup Fresh Fruit Fruit Juice
31 Nutri-Grain Bar Muffin Cheese Stick Cereal Bowl Apple Slices Fruit Juice				Milk Choices Daily: Low-Fat White, Fat-Free White, Fat-Free Chocolate, Fat-Free Strawberry

Menus are subject to change based on product availability.

Adult Meal Price: