JANUARY 2022

Florence County School District Three

BREAKFAST

K-8 Grades (Panther Academy)

"This institution is an equal opportunity provider."

Nutrition Tip: Help with food waste by getting creative with leftovers and planning meals around the food you already have on hand.

Menus are subject to change based on product availability.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 NO SCHOOL FOR STUDENTS TEACHER WORKDAY	4 Pop Tart Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice	5 Pop Tart Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice	6 Nutri-Grain Bar Pop Tart Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice	7 Breakfast Pizza Nutri-Grain Bar Pop Tart Cereal Bowl Assorted Chilled Fruit Fruit Juice
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
10 Sausage Patty Grits Pop Tart Cereal Bowl Assorted Chilled Fruit Fruit Juice	11 Scrambled Egg Grits Yogurt Cup Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice	12 Breakfast Pizza Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice	13 Breakfast Pizza Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice	14 Dutch Waffle Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
17 NO SCHOOL MLK HOLIDAY	18 Scrambled Egg Grits Yogurt Cup Cereal Bowl Assorted Chilled Fruit Fruit Juice	19 Nutri-Grain Bar Yogurt Cup Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice	20 Nutri-Grain Bar Yogurt Cup Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice	21 Sausage Patty Grits Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
24 Sausage Patty Grits Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice	25 Biscuit w/Jelly Yogurt Cup Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice	26 Nutri-Grain Bar Yogurt Cup Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice	27 Nutri-Grain Bar Yogurt Cup Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice	28 Sausage Patty Grits Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
31 Sausage Patty Grits Pop Tart Cereal Bowl Assorted Chilled Fruit Fruit Juice		Adult Meal Price: $2.60	Assorted Milk Choices Daily Bottled Water Available  	

JANUARY 2022

Florence County School District Three

BREAKFAST

9-12 Grades (Panther Academy)

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Nutrition Tip: Help with food waste by getting creative with leftovers and planning meals around the food you already have on hand.

Menus are subject to change based on product availability.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 NO SCHOOL FOR STUDENTS TEACHER WORKDAY	4 Pop Tart Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice	5 Pop Tart Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice	6 Nutri-Grain Bar Pop Tart Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice	7 Breakfast Pizza Nutri-Grain Bar Pop Tart Cereal Bowl Assorted Chilled Fruit Fruit Juice
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
10 Sausage Patty Grits Pop Tart Cereal Bowl Assorted Chilled Fruit Fruit Juice	11 Scrambled Egg Grits Yogurt Cup Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice	12 Breakfast Pizza Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice	13 Breakfast Pizza Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice	14 Dutch Waffle Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
17 NO SCHOOL MLK HOLIDAY	18 Scrambled Egg Grits Yogurt Cup Cereal Bowl Assorted Chilled Fruit Fruit Juice	19 Nutri-Grain Bar Yogurt Cup Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice	20 Nutri-Grain Bar Yogurt Cup Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice	21 Sausage Patty Grits Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
24 Sausage Patty Grits Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice	25 Biscuit w/Jelly Yogurt Cup Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice	26 Nutri-Grain Bar Yogurt Cup Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice	27 Nutri-Grain Bar Yogurt Cup Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice	28 Sausage Patty Grits Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice
MONDAY	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY**
31 Sausage Patty Grits Pop Tart Cereal Bowl Assorted Chilled Fruit Fruit Juice		Adult Meal Price: $2.60	Assorted Milk Choices Daily Bottled Water Available  	