## **JANUARY 2022**

## **Florence County School District Three**

## **BREAKFAST**

K-8 Grades (SES)  "This institution is an equal opportunity provider."		Nutrition Tip: Help with food waste by getting creative with leftovers and planning meals around the food you already have on hand.  Menus are subject to change based on product availability.		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NO SCHOOL FOR STUDENTS TEACHER WORKDAY	4 Pop Tart Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice	5 Pop Tart Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice	6 Nutri-Grain Bar Pop Tart Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice	7 Breakfast Pizza Nutri-Grain Bar Pop Tart Cereal Bowl Assorted Chilled Fruit Fruit Juice
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sausage Patty Grits Pop Tart Cereal Bowl Assorted Chilled Fruit Fruit Juice	Scrambled Egg Grits Yogurt Cup Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice	Breakfast Pizza Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice	Breakfast Pizza Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice	Dutch Waffle Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NO SCHOOL MLK HOLIDAY	Scrambled Egg Grits Yogurt Cup Cereal Bowl Assorted Chilled Fruit Fruit Juice	Nutri-Grain Bar Yogurt Cup Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice	Nutri-Grain Bar Yogurt Cup Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice	Sausage Patty Grits Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sausage Patty Grits Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice	25 Biscuit w/Jelly Yogurt Cup Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice TUESDAY	26  Nutri-Grain Bar  Yogurt Cup  Muffin  Cereal Bowl  Assorted Chilled Fruit  Fruit Juice  WEDNESDAY	27  Nutri-Grain Bar  Yogurt Cup  Muffin  Cereal Bowl  Assorted Chilled Fruit  Fruit Juice  THURSDAY	28 Sausage Patty Grits Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice FRIDAY
Sausage Patty Grits Pop Tart Cereal Bowl Assorted Chilled Fruit Fruit Juice	TOLODA!	Adult Meal Price: \$2.60	Assorted Milk Choices Daily Bottled Water Available	BRRR