BREAKFAST

| 9-12 Grades (LCH) <br> "This institution is an equal opportunity provider." |  | Nutrition Tip: Help with food waste by getting creative with leftovers and planning meals around the food you already have on hand. <br> Menus are subject to change based on product availability. |  |  |
| :---: | :---: | :---: | :---: | :---: |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| NO SCHOOL FOR STUDENTS TEACHER WORKDAY |  4 <br> Pop Tart  <br> Muffin  <br> Cereal Bowl  <br> Assorted Chilled Fruit  <br> Fruit Juice  | Pop Tart Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice | Nutri-Grain Bar Pop Tart Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice |  7 <br> Breakfast Pizza  <br> Nutri-Grain Bar  <br> Pop Tart  <br> Cereal Bowl  <br> Assorted Chilled Fruit  <br> Fruit Juice  |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Sausage Patty Grits Pop Tart Cereal Bowl Assorted Chilled Fruit Fruit Juice | Scrambled Egg Grits <br> Yogurt Cup Muffin <br> Cereal Bowl <br> Assorted Chilled Fruit Fruit Juice | Breakfast Pizza Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice | Breakfast Pizza Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice | Dutch Waffle Muffin <br> Cereal Bowl Assorted Chilled Fruit Fruit Juice |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| NO SCHOOL MLK HOLIDAY | Scrambled Egg Grits Yogurt Cup Cereal Bowl Assorted Chilled Fruit Fruit Juice | Nutri-Grain Bar <br> Yogurt Cup Muffin <br> Cereal Bowl Assorted Chilled Fruit Fruit Juice | Nutri-Grain Bar Yogurt Cup Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice |   <br> Sausage Patty 21 <br> Grits  <br> Muffin  <br> Cereal Bowl  <br> Assorted Chilled Fruit  <br> Fruit Juice  |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|  24 <br> Sausage Patty  <br> Grits  <br> Muffin  <br> Cereal Bowl  <br> Assorted Chilled Fruit  <br> Fruit Juice  | Biscuit w/Jelly Yogurt Cup Muffin Cereal Bowl Assorted Chilled Fruit Fruit Juice |   <br> Nutri-Grain Bar 26 <br> Yogurt Cup  <br> Muffin  <br> Cereal Bowl  <br> Assorted Chilled Fruit  <br> Fruit Juice  | Nutri-Grain Bar Yogurt Cup Muffin <br> Cereal Bowl Assorted Chilled Fruit Fruit Juice |   <br> Sausage Patty 28 <br> Grits  <br> Muffin  <br> Cereal Bowl  <br> Assorted Chilled Fruit  <br> Fruit Juice  |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Sausage Patty Grits Pop Tart Cereal Bowl Assorted Chilled Fruit Fruit Juice |  | Adult Meal Price: $\$ 2.60$ | Assorted Milk Choices Daily Bottled Water Available |  |

