

FLORENCE SCHOOL DISTRICT 3 SCHOOL LUNCH MENU

June 2021



<u>Nutrition Education:</u> <u>Eat your vitamins-</u> A diet of whole grains, vegetables and fruits offers the vitamins and minerals that meet the body's needs. <u>Drink plenty of water-Water</u> is in every organ, tissue and cell in our body. It helps keep your body temperature normal, protects your spinal cord and lubricates the joints.



J.C. LYNCH ELEMENTARY K-8 GRADES LUNCH



Menus are subject to change based on availability. MONDAY **TUESDAY** WEDNESDAY THURSDAY **FRIDAY** 2 3 1 Chef Salad w/Fajita Chicken Chef Salad w/Fajita Chicken Chef Salad w/Fajita Chicken Chef Salad w/Fajita Chicken Chicken Nuggets w/Dipping Sauce Sloppy Joe on Bun Chicken Fajita w/Sauce Pizza Yeast Roll Baby Carrots w/Ranch Cup Baked Beans Cole Slaw Sweet Potato Fries Chilled Fruit Cup Cinnamon Roll Black-Eyed Peas Chilled Fruit Cup Collard Greens Fresh Fruit Chilled Fruit Cup Fresh Strawberries Milk Fruit Juice Chilled Pineapple Cup Fresh Fruit Milk Milk Milk MONDAY TUESDAY WEDNESDAY THURSDAY **FRIDAY** 7 8 9 10 11 Chef Salad w/Fajita Chicken Hot Dog w/Chili Chicken Nuggets w/Dipping Sauce Peanut Butter & Jelly Sandwich Cheeseburger Pizza Oven Baked Fries **Baked Potato Chips** Dutch Waffle Baked Potato Chips Side Salad Baked Beans Broccoli Spears w/Cheese Sauce Cut Green Beans Baby Carrots w/Ranch Cup **Baked Beans** Fresh Fruit Mixed Fruit Cup Fresh Fruit Fresh Fruit / Fruit Juice Fresh Fruit Milk Fresh Fruit Milk Milk Milk Milk EARLY DISHESSAL EARLY DISHESSAL MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY 15 18 14 16 17 MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY 23 21 22 Adult Meal Price: \$4.00 Alternate Entrée Option Daily: Peanut Butter & Jelly Uncrustable Assorted Milk Choices Daily 1% White, FF Chocolate 8 oz. Bottled Water w/Lunch **FLORENCE SCHOOL DISTRICT 3** SUMMER CAMPS!



JUNE 14TH ~ 30TH



"This institution is an equal opportunity provider."