



FLORENCE SCHOOL DISTRICT 3
SCHOOL LUNCH MENU
 June 2021



Nutrition Education: Eat your vitamins- A diet of whole grains, vegetables and fruits offers the vitamins and minerals that meet the body's needs. Drink plenty of water- Water is in every organ, tissue and cell in our body. It helps keep your body temperature normal, protects your spinal cord and lubricates the joints.



J. PAUL TRULUCK
MIDDLE/HIGH GRADES LUNCH



Menus are subject to change based on availability.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 Fresh Strawberries	1 Chef Salad w/Fajita Chicken Fajita Chicken Wraps Whole Kernel Corn Raisin Fruit Juice Milk	2 Chef Salad w/Fajita Chicken Sloppy Joe on Bun Baked Beans Steamed Carrots Fresh Red Apple / Fruit Juice Milk	3 Chef Salad w/Fajita Chicken Buffalo Chicken Wings Potato Tots Honey Bun Fresh Golden Apple Milk	4 Chef Salad w/Fajita Chicken Chicken Fajita Sub Lettuce, Tomatoes, Cheese Broccoli Florets w/Ranch Cup Fruit Juice / Fresh Fruit Milk
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7 Chef Salad w/Fajita Chicken Sloppy Joe on Bun Steamed Carrots Whole Kernel Corn Chilled Berry Fruit Cup Fruit Juice Milk	8 Chef Salad w/Fajita Chicken Cheeseburger Baked Beans Fresh Tangerine Fruit Juice Milk	9 Chef Salad w/Fajita Chicken Buffalo Chicken Wings Potato Tots Banana Bread Chilled Berry Fruit Cup Fruit Juice Milk	10 Chef Salad w/Fajita Chicken Beef-a-Roni w/Dinner Roll Fresh Broccoli Florets w/Ranch Cup Baby Carrots w/Ranch Cup Fresh Strawberries / Fruit Juice Milk 	11 Chef Salad w/Fajita Chicken Hot Dog w/Chili Potato Tots / Cole Slaw Fresh Sliced Apples Fresh Orange Slices Milk 
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
14 	15 	16 	17 	18 
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
21 	22 	23 	<u>Alternate Entrée Option Daily:</u> Pretzels w/Cheese Stick & Peanut Butter Goldfish Crackers w/Cheese Stick	Adult Meal Price: \$4.00 <u>Assorted Milk Choices Daily</u> 1% White, FF Chocolate 8 oz. Bottled Water w/Lunch



FLORENCE SCHOOL DISTRICT 3
SUMMER CAMPS!
STUDENTS EAT BREAKFAST & LUNCH FREE

JUNE 14TH ~ 30TH



“This institution is an equal opportunity provider.”