





## FLORENCE SCHOOL DISTRICT 3 **SCHOOL BREAKFAST** June 2021







Nutrition Education: Eat your vitamins- A diet of whole grains, vegetables and fruits offers the vitamins and minerals that meet the body's needs. Drink plenty of water-Water is in every organ, tissue and cell in our body. It helps keep your body temperature normal, protects your spinal cord and lubricates the joints



## SCRANTON ELEMENTARY K-8 GRADES BREAKFAST



body temperature normal, protects your spinal cord and lubricates the joints.		Menus are subject to change based on availability.		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Fresh Strawberries	Cheese Toast Muffin w/Cereal Bowl Fresh Fruit Fruit Juice Milk	Sausage Biscuit Muffin w/Cereal Bowl Chilled Fruit Cup Fruit Juice Milk	Pancake Muffin w/Cereal Bowl Fresh Fruit Fruit Juice Milk	4 Dutch Waffle Muffin w/Cereal Bowl Chilled Fruit Cup Fruit Juice Milk
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7 Cinnamon Roll Nutri-Grain Bar w/Cereal Bowl Fresh Fruit Fruit Juice Milk	Honey Bun Nutri-Grain Bar w/Cereal Bowl Chilled Fruit Cup Fruit Juice Milk	9 Breakfast Pizza Nutri-Grain Bar w/Cereal Bowl Fresh Fruit Fruit Juice Milk	Sausage Biscuit Nutri-Grain Bar w/Cereal Bowl Chilled Fruit Cup Fruit Juice Milk  EARLY DISTRESAL	Pancake Nutri-Grain Bar w/Cereal Bowl Fresh Fruit Fruit Juice Milk Farry Distrissal
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
scholi-2	15 SCHOOL'S	scholi, s	school, s	sch86i,2
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
21	22 <b>SCHOP!</b>	23	SCHOOL'S	Adult Meal Price: \$2.55  Assorted Milk Choices Daily 1% White, FF Chocolate 8 oz. Bottled Water w/Breakfast





FLORENCE SCHOOL DISTRICT 3

SUMMER CAMPS! STUDENTS EAT BREAKFAST & LUNCH FREE

JUNE 14TH  $\sim 30^{TH}$ 



