





FLORENCE SCHOOL DISTRICT 3 **SCHOOL BREAKFAST** June 2021







Nutrition Education: Eat your vitamins- A diet of whole grains, vegetables and fruits offers the vitamins and minerals that meet the body's needs. Drink plenty of water-Water is in every organ, tissue and cell in our body. It helps keep your hody temperature normal protects your spinal cord and lubricates the joints



MAIN STREET ELEMENTARY K-8 GRADES BREAKFAST



body temperature normal, protects your spinal cord and lubricates the joints.		Menus are subject to change based on availability.		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Fresh Strawberries	Breakfast Pizza Muffin w/Cereal Bowl Fresh Blueberry Cup Fruit Juice Milk	Sausage Biscuit Pop Tart w/Cereal Bowl Chilled Peach Cup Fruit Juice Milk	Mini Pancakes w/Jelly Pop Tart w/Cereal Bowl Mixed Fruit Cup Fruit Juice Milk	4 Grilled Cheese Sandwich Pop Tart w/Cereal Bowl Chilled Peach Cup Fruit Juice Milk
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7 Cinni Minis Muffin w/Cereal Bowl Chilled Pear Cup Fruit Juice Milk	Mini Pancakes w/Jelly Muffin w/Cereal Bowl Chilled Blueberry Cup Fruit Juice Milk	9 Breakfast Pizza Muffin w/Cereal Bowl Chilled Peach Cup Fruit Juice Milk	Chicken Biscuit Muffin w/Cereal Bowl Chilled Pear Cup Fruit Juice Milk EARLY DISPRESAL	Grilled Cheese Sandwich Muffin w/Cereal Bowl Chilled Pear Cup Fruit Juice Milk EARLY DOMESSAL
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SCHOOL'S	SCHOOL'S	SCHOOL'S	schol.	Adult Meal Price: \$2.55 Assorted Milk Choices Daily 1% White, FF Chocolate 8 oz. Bottled Water w/Breakfast





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SUMMER CAMPS! STUDENTS EAT BREAKFAST & LUNCH FREE





