

## **FLORENCE SCHOOL DISTRICT 3** SCHOOL BREAKFAST

June 2021



Nutrition Education: Eat your vitamins- A diet of whole grains, vegetables and fruits offers the vitamins and minerals that meet the body's needs. Drink plenty of water-Water is in every organ, tissue and cell in our body. It helps keep your



## **OLANTA ELEMENTARY K-8 GRADES BREAKFAST**



body temperature normal, protects your spinal cord and lubricates the joints.		Menus are subject to change based on availability.		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Fresh Strawberries	1 Breakfast Pizza Muffin w/Cereal Bowl Fresh Fruit Fruit Juice Milk	2 Sausage Biscuit Muffin w/Cereal Bowl Fresh Fruit Fruit Juice Milk	3 Grilled Cheese Sandwich Muffin w/Cereal Fresh Sliced Apples Fruit Juice Milk	Mini Pancakes Muffin w/Cereal Bowl Chilled Fruit Cup Fruit Juice Milk
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7 Pancake Sandwich Nutri-Grain Bar w/Cereal Bowl Chilled Fruit Cup Milk	8 Chicken Biscuit Nutri-Grain Bar w/Cereal Bowl Chilled Fruit Milk	9 Muffin w/Cereal Bowl Nutri-Grain Bar w/Cereal Bowl Chilled Fruit Cup Fruit Juice Milk	10 Cinnamon Waffle Nutri-Grain Bar w/Cereal Bowl Chilled Fruit Cup Fruit Juice Milk Early Dispressal	Breakfast Pizza Nutri-Grain Bar w/Cereal Bowl Fresh Orange Slices Fruit Juice Milk Eany Dismissal
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
21	22	23	24	Adult Meal Price: \$2.55 <u>Assorted Milk Choices Daily</u> 1% White, FF Chocolate 8 oz. Bottled Water w/Breakfas
	STUDENTS EA	ENCE SCHOOL DISTRICT SUMMER CAMPS! AT BREAKFAST & LU JUNE 14TH ~ 30 <sup>th</sup>		