

FLORENCE SCHOOL DISTRICT 3 SCHOOL BREAKFAST

June 2021



Nutrition Education: Eat your vitamins- A diet of whole grains, vegetables and fruits offers the vitamins and minerals that meet the body's needs. Drink plenty of water-Water is in every organ, tissue and cell in our body. It helps keep your



OLANTA ELEMENTARY K-8 GRADES BREAKFAST



body temperature normal, protects your spinal cord and lubricates the joints.		Menus are subject to change based on availability.		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Fresh Strawberries	1 Breakfast Pizza Muffin w/Cereal Bowl Fresh Fruit Fruit Juice Milk	2 Sausage Biscuit Muffin w/Cereal Bowl Fresh Fruit Fruit Juice Milk	3 Grilled Cheese Sandwich Muffin w/Cereal Fresh Sliced Apples Fruit Juice Milk	Mini Pancakes Muffin w/Cereal Bowl Chilled Fruit Cup Fruit Juice Milk
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7 Pancake Sandwich Nutri-Grain Bar w/Cereal Bowl Chilled Fruit Cup Milk	8 Chicken Biscuit Nutri-Grain Bar w/Cereal Bowl Chilled Fruit Milk	9 Muffin w/Cereal Bowl Nutri-Grain Bar w/Cereal Bowl Chilled Fruit Cup Fruit Juice Milk	10 Cinnamon Waffle Nutri-Grain Bar w/Cereal Bowl Chilled Fruit Cup Fruit Juice Milk Early Dispressal	Breakfast Pizza Nutri-Grain Bar w/Cereal Bowl Fresh Orange Slices Fruit Juice Milk Eany Dismissal
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
14	15	16	17	
scgodi.	scgobi	Sc Robi.	scg866i	scg866is
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
21	22	23	24	Adult Meal Price: \$2.55 <u>Assorted Milk Choices Daily</u> 1% White, FF Chocolate 8 oz. Bottled Water w/Breakfas
	STUDENTS EA	ENCE SCHOOL DISTRICT SUMMER CAMPS! AT BREAKFAST & LU JUNE 14TH ~ 30 th		