March 13, 2020

## Lake City High Students Attend Mapping Our Futures Transition Conference

Lake City High School students visited Midlands Technical College with several other school district teams for the Mapping Our Futures Transition Conference.

Students learned about and participated in the following activities:

- Job exploration counseling, such as interest and ability surveys, review of career websites, high school-based courses on career choices and other similar activities;
- Post-secondary educational counseling, including counseling on post-secondary educational institution options, counseling on the assistance available outside agencies and exploration of student financial aid options and supports;
- Workplace readiness training, such as soft-skills training, employability skills training, social/interpersonal skills (i.e. communication, problem solving, decision making, conflict resolution, empathy, professionalism, etc.) and independent living skills training related to employment (i.e. good hygiene, money management, time management, using technology and assistive technology.

- nology, appropriate dress, appropriate behavior, etc.);
- Work-based learning experiences, including workbased learning experiences in the community including field trips, job shadowing, informational interviews and industry tours; and
- Self-advocacy training, including instruction in self-awareness, disability disclosure, requesting accommodations, understanding your rights and responsibilities, self-determination and mentoring including peer mentoring.



## LCHS Lady Panthers Soccer Team Supports Read Across America at LCECC

Lake City High School's Lady Panthers soccer team visited Lake City Early Childhood Center March 6 to support the school's Read Across America Celebration.

The student-athletes paired into groups of two and performed read alouds for all the classrooms at LCECC.

"Our kids enjoyed reconnecting with some of their old teachers and forging new relationships with our future student-athletes," Coach Josh Jennings explained. "Our students and I were very impressed with the atmosphere that Principal Thomas Devine and his staff have built regarding literacy."

Junior Sarah Leiter was also impressed with the culture LCECC had created surrounding reading. "I really enjoyed visiting the elementary school and reading to the kids," Leiter said. "They all listened very well and seemed enthusiastic about reading, something that will help them for years to come."

The Lady Panthers will continue their community outreach initiative April 4 at the citywide cleanup.



## Main Street Elementary's Girls With Pearls Celebrates Women Leaders of FSD3

Main Street Elementary School's Girls with Pearls Club visited Allana Prosser, FSD3 Chief Academic Officer Wednesday, March 11, in observance of Women's History Month.

The GWP members wanted to meet some of the major women leaders of FSD3. Mrs. Prosser talked about her life growing up and not having the things her friends had but that did not stop her from making her mark in life. She worked harder and finished high school and she was one of the first grandchild in her family to attend college.

She also showed them the thumb print sign in her office with the message "Make Your Mark." Mrs. Prosser expressed that this is what she continues to do each day to help herself and others. Each day, she does a little bit more than the day before.

She told the girls, "Don't let what you have or don't have or someone get in the way of you making your "Mark" in life." She also gave each of the 12 girls a box of chocolate M&Ms with the label "Make Your Mark" printed on it and a sign with the thumb print. It was a duplicate of the sign on wall in her office. She told the girls to place the sign in their room at home and every morning they should

read it and try to do more everyday with their learning and with helping others.

The girls was totally attentive the entire time while Mrs. Prosser spoke. Afterward, GWP vice president Candace Ross presented Mrs. Prosser with a GWP pen as a token of appreciation for her taking timeout of her busy schedule to let them visit her in the workplace.

The GWP members wrote summaries about their visit with Mrs. Prosser in their journals when they returned to their school. The girls all expressed how much they enjoyed the visit.



### Students Observe Read Across America Week by Reading to Younger Students

Panther PRIDE, Panther RESET and Panther CHOICE students participated in the national celebration of reading: Read Across America.

Students were encouraged by staff members to read, read and read more because reading is an important skill for everyone in life. They were reminded that every subject that they take in school involves reading of some form.

Students were challenged to create a reading library in their homes. They were advised to choose books at or above their levels so they can improve comprehension skills and build fluency.

Panther RESET and Panther CHOICE students showed leadership and responsibility by reading to the younger students of Panther PRIDE.

Seventh grader Tobias Hudson read the book *Courage*. After reading, he shared that it takes courage to face tough situations while in school. The message was very clear that sometimes you will fail, but keep trying!

Ninth grader Tauteonia Bryant read the book *The Eagles Who Thought They were Chickens*. The book focuses on self-identity. The story also provides strategies to reduce bullying, disruptive and challenging behaviors, and it encourages the pursuit of dreams in life.

Other books students read were *Have You Filled Your Bucket Today?* and *How Full is Your Bucket?*. Each K-6 grade student was given a bucket with goodies by the 7-12 grade students.

The younger students were reminded to compliment

and positively encourage others daily, thus "filling buckets."

The students were very attentive and had great follow-up questions from the readings.



Submit your articles and photos for Bits and Pieces by noon Thursdays to bhuckabee@fsd3.org

## Lake City High Ninth Graders See College Up Close at Claffin University Tour

Lake City High School took a group of 51 ninth grade students to Claffin University in Orangeburg on Friday, February 28, for a college tour.

The trip was part of the school's endeavor to ensure that all students are college or career ready upon graduating from high school.

Exposure to the college environment is often reserved for juniors and seniors in high school. LCHS wanted to start with this group in ninth grade to give them a taste of the college atmosphere and get them thinking more about their future goals and what level of education it will take to reach them

The students who attended the trip were selected on a first come, first served basis from a pool of 75 freshman students who were identified as first-time ninth graders with no office referrals or failed courses during their first semester.

#### MSE Selects Monthly Warrior Teachers

Main Street Elementary School selected five Warrior Leaders for the month of February: Tameka Barr (3rd grade ELA/social studies), Dr. Fridah Kwasha (3rd and 5th grade ELA/math resource), Cate Griffin (5th grade math), Latoya Thompson (3rd - 6th grade art) and Rashad Myers (6th grade ELA).

The teachers received a favorite snack bag, duty free lunch/recess and their pictures were placed on the Warrior Leaders Board in the school hallway.

The criteria used were based on the Equity Warriors (district-level) and the Leader In Me (MSE) approach for building equity and leadership in our school and our community.

Each month five teachers are selected for this recognition. This is just one way MSE is showing appreciation of its teachers, other staff members and the learning community.











The had many questions for their tour guides who were student ambassadors.



#### You Can Still Get Your Flu Vaccine

The flu affects between five and 20 percent of the U.S. population each year.

An annual flu vaccine is the best way to reduce your risk of getting sick and spreading it to others.

This benefit allows PEBA members to receive the flu shot for a \$0 copayment. Coverage includes the full cost of the vaccine and administration fee. Any associated office visit charges follow regular Plan coverage rules.

# **FRISSON**

Presented by

The Lake City Concert Series







7:30pm, Thursday March 26 Lake City Presbyterian Church for information: 843-374-8611 Tickets available at the door.

### Frisson is Explosive!

From New York City, Frisson features the best and brightest of classical music's rising stars. Frisson showcases a myriad of masterworks



# Supplement Your Retirement Savings with Deferred Comp



The South Carolina Deferred Compensation Program (Deferred Comp) offers a unique opportunity for you to save for your future. It is a straightforward way to work toward the retirement income you desire. Deferred Comp is available to most members covered by the South Carolina Retirement Systems, and Empower Retirement administers the program. By choosing to contribute a portion of your salary to Deferred Comp, you can benefit from:

- **Convenience.** Your contributions are automatically deducted from your paycheck.
- **Choice.** You can contribute to a 401(k) and 457(b) plan and elect to contribute before-tax or choose the Roth option to make after-tax contributions.
- **Variety.** You have a wide range of investment options from which to choose.
- Education. You have access to local retirement plan advisors who can help you develop a personalized approach to reaching your retirement savings goals.
- Vesting. You own 100 percent of your investment and any potential earnings, which are held in trust.
- **Compounding.** The sooner you start saving, the longer your money has to grow.

#### How much can I contribute?

The minimum amount you can contribute to each plan is \$10 per pay period. The IRS sets annual contribution limits for both 401(k) and 457(b) plans.

The 2020 contribution limits are \$19,500 for each plan. If you contribute to both the 401(k) and the 457(b) plans, you can contribute up to the IRS annual maximum amount to each plan.

Traditional contributions to the 401(k) and 457(b) plans are made on a before-tax basis, and you pay taxes only when you take a distribution. Roth contributions are made with after-tax dollars, which means you have already been taxed on the money before it enters your account(s). Deferred Comp gives you the choice: Would you rather pay taxes now or later?

#### How to enroll

Go to <a href="www.southcarolinadcp.com">www.southcarolinadcp.com</a> and click on the About Deferred Comp tab. Select the Enroll now option and download the enrollment form. Complete the enrollment form and return it to the address indicated on the form. Your benefits office will automatically be notified to start the contributions. Your account will be opened and you can go online to set your username and passcode. Or, you may call Empower Retirement at 877.457.6263 and a representative can help you enroll.

#### **Learn more**

Website: www.southcarolinadcp.com

• **Phone:** 877.457.6263

Local office:

200 Arbor Lake Drive, Suite 115 Columbia, SC 29223 Monday-Friday, 8:30 a.m.-5 p.m.



#### Steps to becoming an ArtFields Volunteer, it's easy:

- Complete an online application <a href="http://www.artfieldssc.org/about/volunteers/">http://www.artfieldssc.org/about/volunteers/</a>
- Attend a minimum of **one** Training Session.
- Log into Volunteer Portal.
- Select the days and times you would like to volunteer --- can't decide, call ArtFields.
- Show up to volunteer on your scheduled day.
- Smile, enjoy and make a difference!

#### **Dates to Know:**

Note: Additional volunteer days and opportunities will be emailed to volunteers. If you are unable to make any of the training dates listed below, please call (843) 374-0180 to schedule an individual or small group training.

Dates	Event	Time	Location
Thurs., March 5	Volunteer Kick-Off & Training	6:00 PM – 8:00 PM	Bean Market 111 Henry St.
Thurs., March 12	Volunteer Training	12:00 PM – 1:00 PM	ArtFields Office 118 E. Main St.
Tues., March 26	Volunteer Training	12:00 PM - 1:00 PM 5:30 PM - 6:30 PM	ArtFields Office 118 E. Main St.
Thurs., March 31	Volunteer Training	6:00 PM - 7:0 0 PM	ArtFields Office 118 E. Main St.
Tues., April 14	Field Trip & Tour Guide Volunteer Luncheon/Training	12:00 PM - 1:00 PM	ArtFields Office 118 E. Main St.
Sat., April 4	Last Group Volunteer Trainings	11:00 AM - 12:00 PM	ArtFields Office 118 E. Main St.
April 6 – May 13, 2020 Available Days to Volunteer and Collect Hours			
Thurs., May 28	Volunteer and Venue Celebration & Group Photo	6:00 PM – 8:00 PM	Bean Market 111 Henry St.