

Monday

Tuesday

Wednesday

Thursday

Friday



HAPPY

NEW

YEAR!



Pizza
Seasoned Oven Fries
Steamed Carrots
Applesauce
Assorted Fresh Fruit

Smoked Sausage
Brown Rice
Stewed Tomatoes
Collard Greens
Cornbread
Fruit Cocktail
Assorted Fresh Fruit

Ham & Cheese on WW Bun
Lettuce & Tomato
Cut Green Beans
Pinto Beans
Baked Apple/ Assorted Fruit

Fajita Chicken W/ Orange Sauce
Broccoli Salad
Sweet Potato Tots
WG Roll
NEW! 100% Juice Slushie
Assorted Fresh Fruit

Cheeseburger on WW Bun
w/Lettuce & Tomato
Seasoned Oven Fries
Sliced Peaches
Fruit Juice

**MARTIN LUTHER KING DAY!
SCHOOL CLOSED!**

SOUP DAY!
Chicken Noodle Soup
½ Peanut Butter or ½ Pimiento Cheese
Sandwich
Baby Carrots W/ Ranch Dip
Side Salad
Sherbet
Fresh Fruit

Pizza
Cut Green Beans
Potato Smiles
Pineapple Tidbits

Fried or Baked Chicken
Brown Seasoned Rice
Turnip Greens/ Sweet Potato Yams
WW Breadstick
Diced Pears/ Assorted Fresh Fruit

Chilli Dog WW Bun
Seasoned Tater Tots
Cole Slaw
Chilled Mandarin Orange Cup
Sidekick

Chicken Nuggets
Seasoned Oven Fries
Cut Green Beans
WW Breadstick
Sliced Peaches/ Assorted Fresh Fruit

Salisbury Steak
Brown Rice w/Gravy
Collard Greens
Stewed Tomatoes
Tropical Fruit Mix
Fruit Juice

Pizza
Whole Kernel Corn
Tossed Salad
Pineapple Tidbits
Assorted Fresh Fruit

Taco Thursday!
Lettuce/Tomato/Cheese/ Salsa
Or
Chef Salad
Or
Peanut Butter w/ Jelly & Cheese Stick
Refried Beans
Steamed Carrots
Diced Pears/ Assorted Fresh Fruit

Cheeseburgers on WW Bun
w/Pickle Slices
Lettuce & Tomato
NEW! Sun Chips
Cucumber Coins w/Dip
100% Juice Slushie
Chilled Mandarin Orange Cup

Assorted Milk Choices Daily: 1% White and Skim White

Adult Meal: \$3.85

Menus are subject to change based on availability

“This institution is an equal opportunity provider.”

Nutrition Education: Stay away from salty and processed foods which absorb moisture. Choose moisture restoring foods like fruits.

K-8 Grades

Monday

Tuesday

Wednesday

Thursday

Friday

HAPPY

NEW

YEAR!



Baked Corn Dog or
Corn Dog Minis
Or
Chef Salad
Or
Peanut Butter w/Jelly & Cheese Stick
Seasoned Oven Fries
Steamed Carrots
Applesauce
Assorted Fresh Fruit

Manager's Choice

Smoked Sausage
Or
Chef Salad
Brown Rice
Stewed Tomatoes
Collard Greens
Cornbread
Fruit Cocktail
Assorted Fresh Fruit

Ham & Cheese on WW Bun
Lettuce & Tomato
Or
Chef Salad
Or
Peanut Butter w/Jelly & Cheese Stick
Cut Green Beans
Pinto Beans
Baked Apple/ Assorted Fruit

Chicken Fillet Sandwich
Or
Chef Salad
Or
Peanut Butter w/Jelly & Cheese Stick
Seasoned Tater Tots
Warm Cinnamon Apples
Spinach Salad w/Grape Tomatoes
Fruit Juice

Chicken Nuggets
Or
Chef Salad
Celery Sticks w/Ranch Dip
Sweet Potato Fries
Yeast Roll
Diced Pears
Fresh Grape Cup

MARTIN LUTHER KING DAY!
SCHOOL CLOSED!

SOUP DAY!
Chicken Noodle Soup
½ Peanut Butter or ½ Pimento Cheese
Sandwich
Or
Spaghetti W/ Meat Sauce
Baby Carrots W/ Ranch Dip
Side Salad
Sherbet/ Fresh Fruit

Pizza
Or
Chef Salad
Or
Peanut Butter w/ Jelly & Cheese Stick
Cut Green Beans
Potato Smiles
Pineapple Tidbits
Fruit Juice

Fried or Baked Chicken
Or
Chef Salad
Or
Peanut Butter w/ Jelly & Cheese Stick
Brown Seasoned Rice
Turnip Greens/ Sweet Potato Yams
WW Breadstick
Diced Pears/ Assorted Fresh Fruit

Hot Dog w/Chili on WW Bun
Or
Chef Salad
Seasoned Tater Tots
Cole Slaw
Chilled Mandarin Orange Cup
100% Juice Slushie

Chicken Nuggets
Or
Chef Salad
Or
Peanut Butter w/Jelly & Cheese Stick
Seasoned Oven Fries
Cut Green Beans
WW Breadstick
Sliced Peaches/ Assorted Fresh Fruit

Salisbury Steak
Or
Chef Salad
Brown Rice w/Gravy
Collard Greens
Stewed Tomatoes
Tropical Fruit Mix
Fruit Juice

Pizza
Or
Chef Salad
Or
Peanut Butter w/ Jelly & Cheese Stick
Whole Kernel Corn
Tossed Salad
Pineapple Tidbits
Assorted Fresh Fruit

Taco Thursday!
Lettuce/Tomato/Cheese/ Salsa
Or
Chef Salad
Or
Peanut Butter w/ Jelly & Cheese Stick
Refried Beans
Steamed Carrots
Diced Pears/ Assorted Fresh Fruit

Cheeseburger on WW Bun
w/Pickle Slices
Or
Chef Salad
Lettuce & Tomato
NEW! Sun Chips
Cucumber Coins w/Dip
Sidekick/ Chilled Mandarin Orange

Assorted Milk Choices Daily: 1% White, Skim White, Fat Free Chocolate, Strawberry and Vanilla

Adult Meal: \$3.85

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Baked Corn Dog or
Corn Dog Minis
Or
Assorted Pizza
Seasoned Oven Fries
Steamed Carrots
Applesauce
Assorted Fresh Fruit

Manager's Choice

Manager's Choice

Chicken Fillet Sandwich
Or
Salad Bar
Seasoned Tater Tots
Warm Cinnamon Apples
Spinach Salad w/Grape Tomatoes
Fruit Juice

Hot Wings & Chicken Rings
Or
Assorted Pizza
Celery Sticks w/Ranch Dip
Sweet Potato Fries
Yeast Roll
Diced Pears
Fresh Grape Cup

MARTIN LUTHER KING DAY!
SCHOOL CLOSED!

SOUP DAY!
Chicken Noodle Soup
½ Peanut Butter or ½ Pimento Cheese
Sandwich
Or
Spaghetti W/ Meat Sauce
Baby Carrots W/ Ranch Dip
Side Salad
Sherbet/ Fresh Fruit

Hot Wings & Chicken Rings
Or
Sub Station
Cut Green Beans
Potato Smiles
Pineapple Tidbits
Fruit Juice

Fried or Baked Chicken
Or
Salad Bar
Brown Seasoned Rice
Turnip Greens
Sweet Potato Yams
WW Breadstick
Diced Pears/ Assorted Fresh Fruit

Hot Dog w/Chili on WW Bun
Or
Assorted Pizza
Seasoned Tater Tots
Cole Slaw
Mandarin Orange
100% Juice Slushie

Chicken Nuggets
Or
Assorted Pizza
Seasoned Oven Fries
Cut Green Beans
WW Breadstick
Sliced Peaches
Assorted Fresh Fruit

Salisbury Steak
Or
Salad Bar
Brown Rice w/Gravy
Collard Greens
Stewed Tomatoes
Tropical Fruit Mix
Fruit Juice

Pizza
Or
Sub Station
Whole Kernel Corn
Tossed Salad
Pineapple Tidbits
Assorted Fresh Fruit

Taco Thursday
Tomato/Cheese/Salsa
Or
Salad Bar
Refried Beans
Steamed Carrots
Diced Pears
Assorted Fresh Fruit

Cheeseburgers on WW Bun
w/Pickle Slices
Lettuce & Tomato
NEW! Sun Chips
Cucumber Coins w/Dip
100% Juice Slushie
Chilled Mandarin Orange Cup

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