



**BREAKFAST**

**NOVEMBER 2019**

FLORENCE SCHOOL DISTRICT 3

Head Start/ Family Literacy

There is Always, Always Something to  
be Thankful for!  
Let it be your Family and Vegetables  
this year!

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**4**

French Toast Sticks  
Pineapple Tidbits  
Fruit Juice

**5**

Breakfast Pizza  
Diced Peaches  
Fruit Juice

**6**

Muffin  
Diced Peaches  
Fruit Juice

**7**

WW Toast, Turkey Sausage Patty  
Applesauce  
Fruit Juice

**1**

Turkey Sausage Patty  
w/ Biscuit  
Mandarin Orages  
Fruit Juice

**8**

Buttered Toast w/Scrambled Eggs  
Mixed Fruit  
Fruit Juice

**11**

French Toast Sticks  
Mixed Fruit  
Fruit Juice

**12**

Dutch Waffle w/Powdered Sugar  
Sliced Peaches  
Fruit Juice

**13**

Buttered Toast w/Scramble Eggs  
Orange Slices  
Fruit Juice

**14**

Breakfast Bites  
Diced Pears  
Fruit Juice

**15**

Breakfast Pizza  
Applesauce  
Fruit Juice

**18**

Chicken Patty w/Biscuit  
Sliced Peaches  
Fruit Juice

**19**

Breakfast Pizza  
Diced Pears  
Fruit Juice

**20**

Mini Blueberry Pancake w/Syrup  
Mandarin Orange  
Fruit Juice

**21**

WW Toast, Turkey Sausage Patty  
Pineapple Tidbits  
Fruit Juice

**22**

Muffin  
Applesauce  
Fruit Juice

**25**

**26**

**27**

**28**

**29**

**THANKSGIVING BREAK!**

Milk Choice Daily: 1% White, Skim White  
Adult Meal Price \$2.20

Menus are subject to change based on availability

"This institution is an equal opportunity provider."

**HAPPY THANKSGIVING ALL!!!**





**BREAKFAST**

**K-8 GRADES**

# NOVEMBER 2019

## FLORENCE SCHOOL DISTRICT 3

There is Always, Always Something to  
be Thankful for!  
Let it be your Family and Vegetables  
this year!

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**1**

Buttered Toast w/Scrambled Eggs  
Or  
Strawberry Chex Mix & Yogurt  
Mixed Fruit  
Fruit Juice

**4**

French Toast Sticks  
Or  
Strawberry Chex Mix & Yogurt  
Pineapple Tidbits  
Fruit Juice

**5**

Breakfast Pizza  
Or  
Breakfast Bar & Cereal  
Diced Pears  
Fruit Juice

**6**

Muffin  
Or  
Breakfast Bar & Cereal  
Diced Peaches  
Fruit Juice

**7**

Grits w/Turkey Sausage Patty  
Or  
Strawberry Chex Mix & Yogurt  
Applesauce  
Fruit Juice

**8**

Pancake w/Sausage on a Stick  
Or  
Strawberry Chex Mix & Yogurt  
Mandarin Orange  
Fruit Juice

**11**

French Toast Sticks  
Or  
Strawberry Chex Mix & Yogurt  
Mixed Fruit  
Fruit Juice

**12**

Dutch Waffle w/Powdered  
Sugar Or  
Breakfast Bar & Cereal  
Sliced Peaches  
Fruit Juice

**13**

Buttered Toast w/Scramble Eggs  
Or  
Breakfast Bar & Cereal  
Orange Slices  
Fruit Juice

**14**

Breakfast Bites  
Or  
Strawberry Chex Mix & Yogurt  
Diced Pears  
Fruit Juice

**15**

Breakfast Pizza  
Or  
Strawberry Chex Mix & Yogurt  
Applesauce  
Fruit Juice

**18**

Chicken Patty w/Biscuit  
Or  
Strawberry Chex Mix & Yogurt  
Sliced Peaches  
Fruit Juice

**19**

Breakfast Pizza  
Or  
Breakfast Bar & Cereal  
Diced Pears  
Fruit Juice

**20**

Mini Blueberry Pancake w/Syrup  
Or  
Breakfast Bar & Cereal  
Mandarin Orange  
Fruit Juice

**21**

Grits, WW Toast, Turkey Sausage  
Patty  
Or  
Strawberry Chex Mix & Yogurt  
Pineapple Tidbits  
Fruit Juice

**22**

Pancake w/Sausage on a Stick  
Or  
Strawberry Chex Mix & Yogurt  
Applesauce  
Fruit Juice

**25**

**26**

**27**

**28**

**29**

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# BREAKFAST

# NOVEMBER 2019

JPT, REM, LLC, LCH (HIGH) FLORENCE SCHOOL DISTRICT 3

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be Thankful for!  
Let it be your Family and Vegetables  
this year

Monday

Tuesday

Wednesday

Thursday

Friday

French Toast Sticks w/Syrup  
Or  
Cereal & Yogurt  
Or  
Breakfast Cereal Bar & Yogurt  
Pineapple Tidbits  
Fruit Juice

4

Breakfast Pizza  
Or  
Blueberry Muffin & Cheese Stick  
Or  
Breakfast Cereal Bar & Cheese Stick  
Diced Pears  
Fruit Juice

5

Muffin  
Or  
Cereal & Yogurt  
Or  
Breakfast Cereal Bar & Yogurt  
Diced Peaches  
Fruit Juice

6

Grits w/Turkey Sausage Patty  
Or  
Cereal & Cheese Stick  
Or  
Breakfast Bar & Cheese Stick  
Applesauce  
Fruit Juice

7

Pancake w/Sausage on a Stick  
Or  
Blueberry Muffin & Yogurt  
Or  
Breakfast Cereal Bar & Yogurt  
Mandarin Orange  
Fruit Juice

8

French Toast Sticks w/Syrup  
Or  
Cereal & Yogurt  
Or  
Breakfast Cereal Bar & Yogurt  
Mixed Fruit  
Fruit Juice

11

Dutch Waffle w/Powdered Sugar  
Or  
Blueberry Muffin & Cheese Stick  
Or  
Breakfast Cereal Bar & Cheese Stick  
Sliced Peaches  
Fruit Juice

12

Breakfast Bites  
Or  
Cereal & Yogurt  
Or  
Breakfast Cereal Bar & Yogurt  
Orange Slices  
Fruit Juice

13

Grits w/Turkey Sausage Patty  
Or  
Cereal & Cheese Stick  
Or  
Breakfast Bar & Cheese Stick  
Diced Pears  
Fruit Juice

14

Breakfast Pizza  
Or  
Blueberry Muffin & Yogurt  
Or  
Breakfast Cereal Bar & Yogurt  
Applesauce  
Fruit Juice

15

Chicken Patty w/Biscuit  
Or  
Cereal & Yogurt  
Or  
Breakfast Cereal Bar & Yogurt  
Sliced Peaches  
Fruit Juice

18

Breakfast Pizza  
Or  
Blueberry Muffin & Cheese Stick  
Or  
Breakfast Cereal Bar & Cheese Stick  
Diced Pears  
Fruit Juice

19

Mini Blueberry Pancake w/Syrup  
Or  
Cereal & Yogurt  
Or  
Breakfast Cereal Bar & Yogurt  
Mandarin Orange  
Fruit Juice

20

Turkey Sausage Patty, WW Toast  
Or  
Grits  
Or  
Cereal & Cheese Stick  
Or  
Breakfast Bar & Cheese Stick  
Pineapple Tidbits  
Fruit Juice

21

Pancake w/Sausage on a Stick  
Or  
Blueberry Muffin & Yogurt  
Or  
Breakfast Cereal Bar & Yogurt  
0Applesauce  
Fruit Juice

22

25

26

27

28

29

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