

APRIL 2019

Florence 3 School District
Head Start/Family Literacy (Breakfast)

Monday	Tuesday	Wednesday	Thursday	Friday
1 Breakfast Pizza Sliced Peaches Fruit Juice	2 Apple Frudel Pineapple Tidbits Fruit Juice	3 Pop Tart Diced Pears Fruit Juice	4 Muffin Mandarin Orange Fruit Juice	5 Banana Tropical Mini Loaf Applesauce Fruit Juice
8 Turkey Sausage Patty w/Biscuit Pineapple Tidbits Fruit Juice	9 Apple Frudel Diced Peaches Fruit Juice	10 Breakfast Pizza Diced Pears Fruit Juice	11 Mini Blueberry Pancakes Mandarin Orange Fruit Juice	12 Buttered Toast w/Scrambled Eggs Applesauce Fruit Juice
15 French Toast Sticks Pineapple Tidbits Fruit Juice	16 Breakfast Pizza Diced Pears Fruit Juice	17 Muffin Diced Peaches Fruit Juice	18 Biscuit w/Turkey Sausage Patty Applesauce Fruit Juice	19 Pop Tart Mandarin Orange Fruit Juice
22 School District Closed for Spring Break	23 School District Closed for Spring Break	24 School District Closed for Spring Break	25 School District Closed for Spring Break	26 School District Closed for Spring Break
29 Chicken Patty w/Biscuit Sliced Peaches Fruit Juice	30 Breakfast Pizza Diced Pears Fruit Juice	DID YOU KNOW... April is named after the Greek goddess of love, Aphrodite. In the Roman calendar, the fourth month April is spelled Aprilis, meaning "to open." Festivals which were planned for April included Parrilla, a day celebrating the founding of Rome.		

Milk Choices Daily
1% White, Skim White,

Adult Meal Price for Breakfast - \$2.20

Menus are subject to change based on product availability.

Nutrition News

Jump-start the morning

A healthy breakfast prepares your child for a full day of learning. Consider letting them eat breakfast in the school cafeteria. They will save time and get a balanced meal with whole grains, proteins, low-fat dairy, and fruit. Idea: Have them make a "breakfast tracker" chart. Every day, they can draw a different-colored star for each food group they ate from.

Q: What did the apple skin say to the apple?

A: I've got you covered

Q: Why is it not wise to tell secrets in a cornfield?

A: There are too many ears!

This institution is an equal opportunity provider.

APRIL 2019

Florence 3 School District
K-6 Elementary (Breakfast)

Monday	Tuesday	Wednesday	Thursday	Friday
1 Breakfast Pizza Sliced Peaches Fruit Juice	2 Apple Frudel Pineapple Tidbits Fruit Juice	3 Pancake w/Sausage on a Stick Diced Pears Fruit Juice	4 Muffin Mandarin Orange Fruit Juice	5 Waffle w/Syrup Applesauce Fruit Juice
8 Turkey Sausage Patty w/Biscuit Pineapple Tidbits Fruit Juice	9 Breakfast Bites Diced Peaches Fruit Juice	10 Breakfast Pizza Diced Pears Fruit Juice	11 Mini Blueberry Pancakes w/Syrup Mandarin Orange Fruit Juice	12 Buttered Toast w/Scrambled Eggs Mixed Fruit Fruit Juice
15 French Toast Sticks Pineapple Tidbits Fruit Juice	16 Breakfast Pizza Diced Pears Fruit Juice	17 Muffin Diced Peaches Fruit Juice	18 Grits w/Turkey Sausage Patty Applesauce Fruit Juice	19 Pancake w/Sausage on a Stick Mandarin Orange Fruit Juice
22 School District Closed for Spring Break	23 School District Closed for Spring Break	24 School District Closed for Spring Break	25 School District Closed for Spring Break	26 School District Closed for Spring Break
29 Chicken Patty w/Biscuit Sliced Peaches Fruit Juice	30 Breakfast Pizza Diced Pears Fruit Juice	DID YOU KNOW... April is named after the Greek goddess of love, Aphrodite. In the Roman calendar, the fourth month April is spelled Aprilis, meaning "to open." Festivals which were planned for April included Parrilla, a day celebrating the founding of Rome.		

Milk Choices Daily
 1% White, Skim White,
 Fat Free Chocolate, Fat Free Vanilla,
 Fat Free Strawberry

Cereal is offered daily with Breakfast.

Adult Meal Price for Breakfast - \$2.20

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APRIL 2019

Florence 3 School District
J. Paul Truluck, Ronald McNair & Lake City High
(Breakfast)

Monday	Tuesday	Wednesday	Thursday	Friday
1 Breakfast Pizza Or Muffin Sliced Peaches Fruit Juice	2 Apple Frudel Pineapple Tidbits Fruit Juice	3 Pancake w/Sausage on a Stick Or Muffin Diced Pears Fruit Juice	4 Grits w/Turkey Sausage Patty Mandarin Orange Fruit Juice	5 Waffle w/Syrup Or Pop Tart & Cereal Applesauce Fruit Juice
8 Turkey Sausage Patty w/Biscuit Or Pop Tart & Cereal Pineapple Tidbits Fruit Juice	9 Breakfast Bites Or Breakfast Cereal Bar Diced Peaches Fruit Juice	10 Breakfast Pizza Or Muffin Diced Pears Fruit Juice	11 Mini Blueberry Pancakes w/Syrup Mandarin Orange Fruit Juice	12 Grits w/Turkey Sausage Patty Mixed Fruit Fruit Juice
15 French Toast Sticks w/Syrup Pineapple Tidbits Fruit Juice	16 Breakfast Pizza Or Muffin Diced Pears Fruit Juice	17 Muffin Or Pop Tart & Cereal Diced Peaches Fruit Juice	18 Grits w/Turkey Sausage Patty Applesauce Fruit Juice	19 Pancake w/Sausage on a Stick Or Muffin Mandarin Orange Fruit Juice
22 School District Closed for Spring Break	23 School District Closed for Spring Break	24 School District Closed for Spring Break	25 School District Closed for Spring Break	26 School District Closed for Spring Break
29 Chicken Patty w/Biscuit Or Yogurt & Cheese Stick Sliced Peaches Fruit Juice	30 Breakfast Pizza Or Muffin Diced Pears Fruit Juice	DID YOU KNOW... April is named after the Greek goddess of love, Aphrodite. In the Roman calendar, the fourth month April is spelled Aprilis, meaning "to open." Festivals which were planned for April included Parrilla, a day celebrating the founding of Rome.		

Milk Choices Daily
1% White, Skim White,
Fat Free Chocolate, Fat Free Vanilla,
Fat Free Strawberry

Breakfast Cereal Bar and/or Cereal is
offered daily with Breakfast.

Adult Meal Price for Breakfast - \$2.20

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product availability.

Nutrition News

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