

SEPTEMBER 2018

Florence 3 School District 4K Snack Program

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LABOR DAY ALL SCHOOLS & OFFICES CLOSED 3	4 1 oz Reduced Fat Nacho Tortilla Chips 4 oz Juice	5 1 oz Graham Cinnamon Goldfish Crackers 4 oz Juice	6 1 oz Graham Bug Bites 4 oz Juice	7 ½ Peanut Butter & Jelly Sandwich Or ½ Turkey Ham Sandwich 4 oz Juice
10 1 oz Graham Scooby Cinnamon Crackers 4 oz Juice	11 .75 oz WG Cheez-It Crackers 4 oz Juice	12 .75 oz WG Goldfish Pretzel Cracker 4 oz Juice	13 Powdered Donut Hole 4 oz Juice	14 ½ Ham & Cheese Sandwich 4 oz Juice
17 .75 oz Goldfish Crackers 4 oz Juice	18 1 oz Graham Bug Bites 4 oz Juice	19 1 oz Reduced Fat Nacho Tortilla Chips 4 oz Juice	20 ½ Peanut Butter & Jelly Sandwich Or ½ Turkey Ham Sandwich 4 oz Juice	21 1 oz Graham Chocolate Bear Crackers 8 oz Milk
24 ½ Ham & Cheese Sandwich 4 oz Juice	25 .75 oz WG Goldfish Crackers 4 oz Juice	26 .75 oz WG Cheez-It Crackers 4 oz Juice	27 1 oz Reduced Fat Nacho Tortilla Chips 4 oz Juice	28 PROFESSIONAL DEVELOPMENT DAY NO SCHOOL FOR STUDENTS

Menus are subject to change based on availability.

School News

Health is more than wealth. A strong and healthy body translates to a fuller, happier life.

Eating right simply means being more conscious about the type of food you eat. Increasing the consumption of food items such as sumptuous fruits and fresh vegetables will nourish your body like no other!

This institution is an equal opportunity provider.

DID YOU KNOW...

The name September comes from the Latin septem, meaning seven, since it was the seventh month of the Roman calendar, which began with March. There are 30 days in the month of September, which starts on the same day of the week as December each year but does not end on the same day of the week as any other month in the year.

SEPTEMBER 2018

Florence 3 School District After School Snack Program

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LABOR DAY ALL SCHOOLS & OFFICES CLOSED 3	4 1 oz Reduced Fat Nacho Tortilla Chips 6 oz Juice	5 1 oz Graham Cinnamon Goldfish Crackers 6 oz Juice	6 1 oz Graham Bug Bites 6 oz Juice	7 ½ Peanut Butter & Jelly Sandwich Or ½ Turkey Ham Sandwich 6 oz Juice
10 1 oz Graham Scooby Cinnamon Sticks 6 oz Juice	11 .75 oz WG Cheez-It Crackers 6 oz Juice	12 .75 oz WG Goldfish Pretzel Cracker 6 oz Juice	13 Powdered Donut Hole 6 oz Juice	14 ½ Ham & Cheese Sandwich 6 oz Juice
17 .75 oz Goldfish Crackers 6 oz Juice	18 1 oz Graham Bug Bites 6 oz Juice	19 1 oz Reduced Fat Nacho Tortilla Chips 6 oz Juice	20 ½ Peanut Butter & Jelly Sandwich Or ½ Turkey Ham Sandwich 6 oz Juice	21 1 oz Graham Chocolate Bear Crackers 8 oz Milk
24 ½ Ham & Cheese Sandwich 6 oz Juice	25 .75 oz WG Goldfish Crackers 6 oz Juice	26 .75 oz WG Cheez-It Crackers 6 oz Juice	27 1 oz Reduced Fat Nacho Tortilla Chips 6 oz Juice	28 PROFESSIONAL DEVELOPMENT DAY NO SCHOOL FOR STUDENTS

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