SEPTEMBER 2018

Florence 3 School District
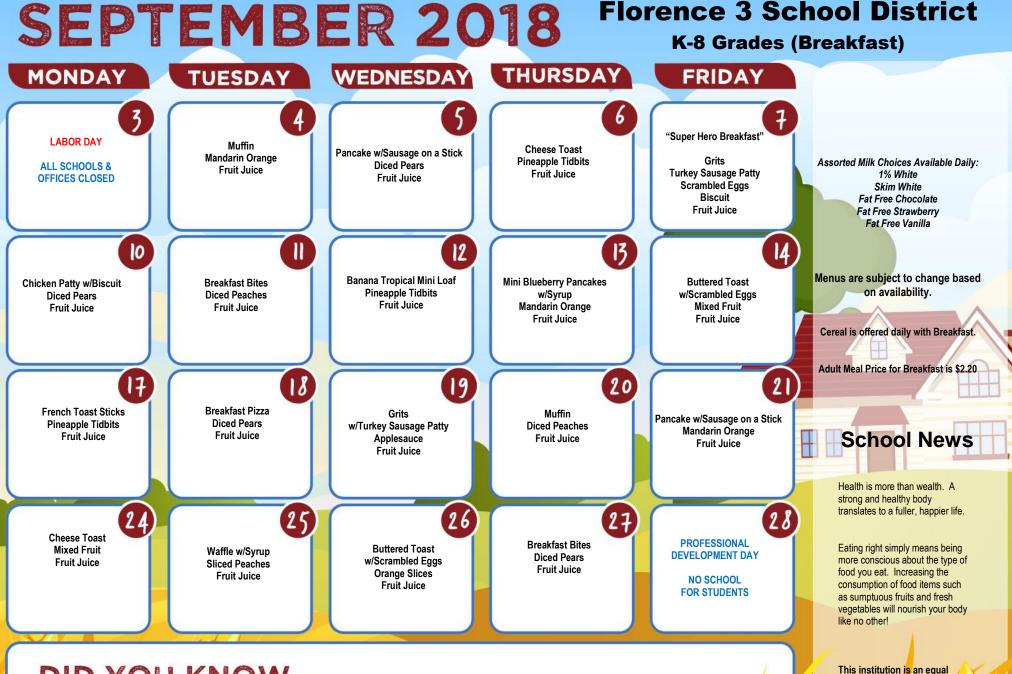### Head Start/Family Literacy (Breakfast)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 LABOR DAY ALL SCHOOLS & OFFICES CLOSED	**4** Muffin Mandarin Orange Fruit Juice	**5** Pop Tart Diced Pears Fruit Juice	**6** Cheese Toast Pineapple Tidbits Fruit Juice	**7** Banana Tropical Mini Loaf Applesauce Fruit Juice
10 Chicken Patty w/Biscuit Diced Pears Fruit Juice	**11** Apple Frudel Diced Peaches Fruit Juice	**12** Banana Tropical Mini Loaf Pineapple Tidbits Fruit Juice	**13** Mini Blueberry Pancakes w/Syrup Mandarin Orange Fruit Juice	**14** Buttered Toast w/Scrambled Eggs Mixed Fruit Fruit Juice
17 French Toast Sticks Pineapple Tidbits Fruit Juice	**18** Breakfastl Pizza Diced Pears Fruit Juice	**19** Biscuit w/Turkey Sausage Patty Applesauce Fruit Juice	**20** Muffin Diced Peaches Fruit Juice	**21** Pop Tart Mandarin Orange Fruit Juice
24 Cheese Toast Mixed Fruit Fruit Juice	**25** Biscuit w/Turkey Sausage Patty Sliced Peaches Fruit Juice	**26** Buttered Toast w/Scrambled Eggs Orange Slices Fruit Juice	**27** Apple Frudel Diced Pears Fruit Juice	**28** PROFESSIONAL DEVELOPMENT DAY NO SCHOOL FOR STUDENTS

Assorted Milk Choices Available Daily:
1% White
Skim White

Menus are subject to change based on availability.

Adult Meal Price for Breakfast is $2.20.

School News

Health is more than wealth. A strong and healthy body translates to a fuller, happier life.

Eating right simply means being more conscious about the type of food you eat. Increasing the consumption of food items such as sumptuous fruits and fresh vegetables will nourish your body like no other!

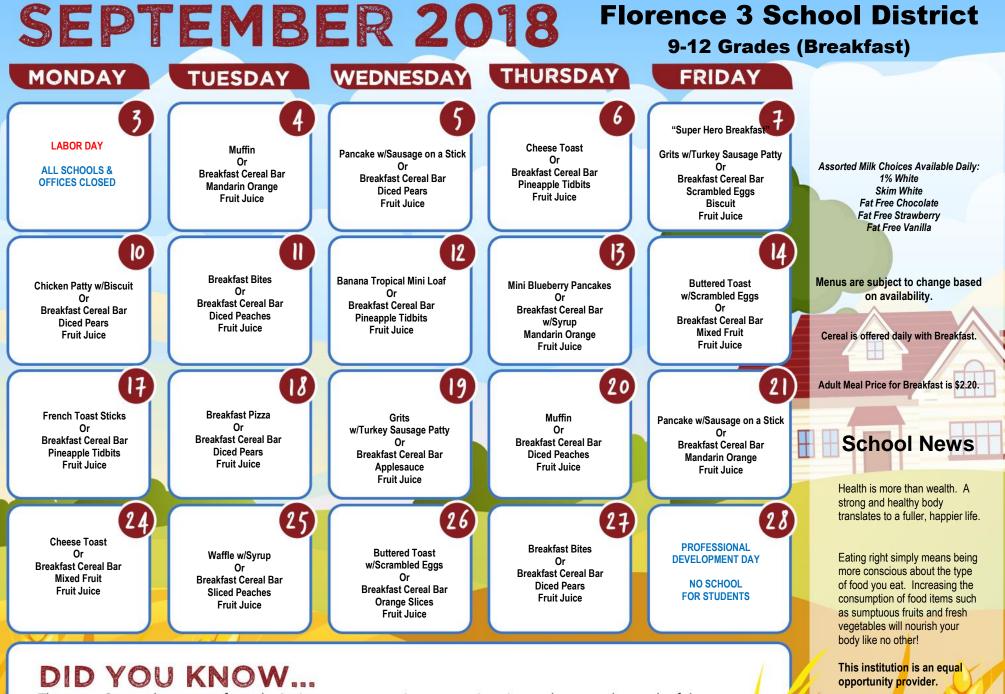**This institution is an equal opportunity provider.**

DID YOU KNOW...

The name September comes from the Latin septem, meaning seven, since it was the seventh month of the Roman calendar, which began with March. There are 30 days in the month of September, which starts on the same day of the week as December each year but does not end on the same day of the week as any other month in the year.

SEPTEMBER 2018

Florence 3 School District
K-8 Grades (Breakfast)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 **LABOR DAY** **ALL SCHOOLS & OFFICES CLOSED**	**4** Muffin Mandarin Orange Fruit Juice	**5** Pancake w/Sausage on a Stick Diced Pears Fruit Juice	**6** Cheese Toast Pineapple Tidbits Fruit Juice	**7** "Super Hero Breakfast" Grits Turkey Sausage Patty Scrambled Eggs Biscuit Fruit Juice
10 Chicken Patty w/Biscuit Diced Pears Fruit Juice	**11** Breakfast Bites Diced Peaches Fruit Juice	**12** Banana Tropical Mini Loaf Pineapple Tidbits Fruit Juice	**13** Mini Blueberry Pancakes w/Syrup Mandarin Orange Fruit Juice	**14** Buttered Toast w/Scrambled Eggs Mixed Fruit Fruit Juice
17 French Toast Sticks Pineapple Tidbits Fruit Juice	**18** Breakfast Pizza Diced Pears Fruit Juice	**19** Grits w/Turkey Sausage Patty Applesauce Fruit Juice	**20** Muffin Diced Peaches Fruit Juice	**21** Pancake w/Sausage on a Stick Mandarin Orange Fruit Juice
24 Cheese Toast Mixed Fruit Fruit Juice	**25** Waffle w/Syrup Sliced Peaches Fruit Juice	**26** Buttered Toast w/Scrambled Eggs Orange Slices Fruit Juice	**27** Breakfast Bites Diced Pears Fruit Juice	**28** **PROFESSIONAL DEVELOPMENT DAY** **NO SCHOOL FOR STUDENTS**

Assorted Milk Choices Available Daily:
1% White
Skim White
Fat Free Chocolate
Fat Free Strawberry
Fat Free Vanilla

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Cereal is offered daily with Breakfast.

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SEPTEMBER 2018

Florence 3 School District
9-12 Grades (Breakfast)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 **LABOR DAY** **ALL SCHOOLS & OFFICES CLOSED**	**4** Muffin Or Breakfast Cereal Bar Mandarin Orange Fruit Juice	**5** Pancake w/Sausage on a Stick Or Breakfast Cereal Bar Diced Pears Fruit Juice	**6** Cheese Toast Or Breakfast Cereal Bar Pineapple Tidbits Fruit Juice	**7** "Super Hero Breakfast" Grits w/Turkey Sausage Patty Or Breakfast Cereal Bar Scrambled Eggs Biscuit Fruit Juice
10 Chicken Patty w/Biscuit Or Breakfast Cereal Bar Diced Pears Fruit Juice	**11** Breakfast Bites Or Breakfast Cereal Bar Diced Peaches Fruit Juice	**12** Banana Tropical Mini Loaf Or Breakfast Cereal Bar Pineapple Tidbits Fruit Juice	**13** Mini Blueberry Pancakes Or Breakfast Cereal Bar w/Syrup Mandarin Orange Fruit Juice	**14** Buttered Toast w/Scrambled Eggs Or Breakfast Cereal Bar Mixed Fruit Fruit Juice
17 French Toast Sticks Or Breakfast Cereal Bar Pineapple Tidbits Fruit Juice	**18** Breakfast Pizza Or Breakfast Cereal Bar Diced Pears Fruit Juice	**19** Grits w/Turkey Sausage Patty Or Breakfast Cereal Bar Applesauce Fruit Juice	**20** Muffin Or Breakfast Cereal Bar Diced Peaches Fruit Juice	**21** Pancake w/Sausage on a Stick Or Breakfast Cereal Bar Mandarin Orange Fruit Juice
24 Cheese Toast Or Breakfast Cereal Bar Mixed Fruit Fruit Juice	**25** Waffle w/Syrup Or Breakfast Cereal Bar Sliced Peaches Fruit Juice	**26** Buttered Toast w/Scrambled Eggs Or Breakfast Cereal Bar Orange Slices Fruit Juice	**27** Breakfast Bites Or Breakfast Cereal Bar Diced Pears Fruit Juice	**28** **PROFESSIONAL DEVELOPMENT DAY** **NO SCHOOL FOR STUDENTS**

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