

**OCTOBER LUNCH MENU**

**Chef Salads offered daily as an alternate meal**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
2 Chicken Nuggets w/Sauce Macaroni & Cheese Steamed Cabbage Cut Green Beans Fruit Cup Fresh Fruit Choice of Milk	3 Fish Sandwich on WW Bun Baked Fries Cole Slaw Steamed Broccoli w/Cheese Sauce Sliced Peach Cup Fresh Fruit Choice of Milk	4 Sub Sandwich on WW Bun Lettuce & Tomato Potato Smiles Broccoli w/Cheese Diced Pears Fresh Fruit Choice of Milk	5 Oven Baked Chicken Brown Rice Cut Green Beans Candied Yams WW Yeast Roll Applesauce Fresh Fruit Choice of Milk	6 Pizza Tossed Salad Whole Kernel Corn Baked Fries Pineapple Fresh Fruit Choice of Milk
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
9 Chicken Fillet on WW Bun Lettuce & Tomato Baked Fries Pinto Beans Pineapple Tidbits Fresh Fruit Choice of Milk	10 Mexican Taco w/Salsa Lettuce/Tomato/Cheese Refried Beans Green Peas Mandarin Oranges Fresh Fruit Choice of Milk	11 Smoked Sausage Steamed Rice Stewed Tomatoes Collard Greens Cornbread Fruit Cup Fresh Fruit Choice of Milk	12 Pizza Tossed Salad Whole Kernel Corn Tri Patty Slice Pears Fresh Fruit Choice of Milk	13 Fish Sandwich on WW Bun Baked Fries Cole Slaw Baked Beans Sliced Peach Cup Fresh Fruit Choice of Milk
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
16 Hot Dog w/Chili Tri Patty Whole Kernel Corn Carrot Sticks w/Dip Fruit Cup Fresh Fruit Choice of Milk	17 Lasagna Tossed Salad Lima Beans Wild Mike's Bread Stick Sliced Peach Cup Fresh Fruit Choice of Milk	18 Sub Sandwich on WW Bun Lettuce & Tomato Potato Smiles Broccoli w/Cheese Sherbet Fresh Fruit Choice of Milk	19 Oven Baked Chicken Brown Rice Cut Green Beans Candied Yams WW Yeast Roll Applesauce Fresh Fruit Choice of Milk	20 Cheeseburger on WW Bun w/Lettuce & Tomato Baked Fries Fresh Carrots w/Ranch Dip Mandarin Oranges Fresh Fruit Choice of Milk
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
23 Ham & Cheese on WW Bun Lettuce & Tomato Cut Green Beans Baked Apples Fresh Fruit Choice of Milk	24 Salisbury Steak Brown Rice w/Gravy Glazed Carrots Turnip Greens Diced Pears Fresh Fruit Choice of Milk	25 Mexican Taco w/Salsa Lettuce/Tomato/Cheese Refried Beans Green Peas Mandarin Oranges Fresh Fruit Choice of Milk	26 Pizza Tossed Salad Whole Kernel Corn Baked Fries Slice Pears Fresh Fruit Choice of Milk	27 Chicken Nuggets Creamed Potatoes w/Gravy Lima Beans Wild Mike's Bread Stick Pineapple Chunks Fresh Fruit Choice of Milk
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
30 BBQ Pork on WW Bun Cut Green Beans Sweet Potato Fries Mandarin Oranges Fresh Fruit Choice of Milk	31 Spaghetti w/Meat Sauce Tossed Salad Green Peas WW Cinnamon Roll Applesauce Fresh Fruit Choice of Milk			

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Menus are subject to change based on availability.

“This is an equal opportunity provider and employer.”

Offered on the Sandwich Line: Monday – Wednesday (Choice of Entrée --- Cheeseburger, Chicken Sandwich, Pizza)

Offered on the Sandwich Line: Thursday & Friday (Choice of Entrée --- Fish Sandwich, Rib-B-Que, Cheeseburger)

Ala Carte Items Sold on Monday, Tuesday, Thursday & Friday